

# NOHRD HaptikBall



**PRACTICAL**

Use any time, any place



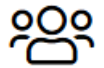
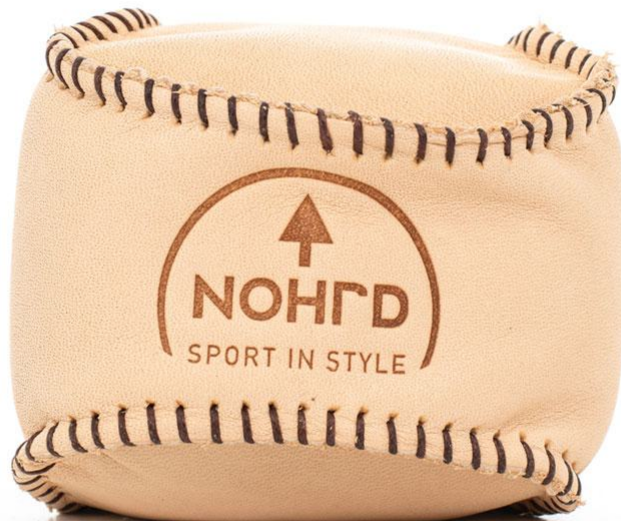
**EXERCISE**

For hands & forearms



**DURABLE**

Finest quality materials



**FOR EVERYONE**

Suitable for all ages



**NOISE-FREE**

During use



**IDEAL GIFT**

For fun & fitness

## *Description*

For squeezing, holding, lifting, throwing, swinging, or simple playing around: the NOHRD HaptikBall is a handheld, weighted fitness ball, designed to work your hand, forearm, and connective tissue.

Handcrafted from genuine leather, each ball is meticulously stitched by our skilled artisans. Filled with iron granules, the HaptikBall leather is treated with premium beeswax for protection against sweat and moisture.

Available in various weights, including 1.4 lbs (0.65 kg), 2.7 lbs (1.25 kg), and 4.6 lbs (2.10 kg), you can choose the perfect level of challenge for your exercises.

## HaptikBall

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### *Dimensions*

Size A 1.4 lbs (0.65 kg): Ø2"3/4

Size B 2.7 lbs (1.25 kg): Ø3"1/8

Size C 4.6 lbs (2.10 kg): Ø4"



Size A



Size B



Size C